

(Message sent in Email on 4-22-20)

Greetings Parents!

I have exciting news... Glenn Child has set us up with one location for all of the parenting resources that I am sharing with you. Instead of digging through emails from me, you can now find everything I'm sharing in one location on the church website. From now on, I will send you a link to the church website telling you about the new content available. Save this link so you can get to it easily. Files will be added each week.

<https://www.bowerhillchurch.org/worship/childrens-education-parent-resources/>.

Teenagers are spending vast amounts of time at home with their cell phones and gaming systems. To support your increased role as a tech gatekeeper, here are two resources.

The first resource is a Contract Pack zip file. It contains communication tools to set teenagers and parents up for success. I would start with the Parent's Guide - it explains what they call "the trust economy", which is the basis behind these tools. The contracts include topics on cell phones, video games, technology, and being home alone, and come with text and blank templates in case you want to personalize it. [Click here to download the zip files.](#)

The second resource challenges parents to think about How to Prepare Your Teenager for Life. Manage money? Sew a button? Change a tire? Click [here](#) for a 3-minute video to help parents think through life skills. Spoiler alert: The video series plugged before and after are not aligned with what I'm sharing each week. Also, there is one statement that made me (insert wide-eyed emoji face). Bonus points if you can guess what it is!

As always, we share these as resources to help you navigate parenting. If you have any questions or thoughts, please contact me. I will be glad to help in any way.

Grateful to be in this with you,  
Amy